

# Development Pathway @ FMA

fun & happiness

## Stage 2

2

Partly **structured toddler and grown up** classes for little ones who are confident walkers up to 4 years old. These classes are 45 minutes in length and will help your child build strength, balance, co-ordination, social and early language skills through structured play with their grown up right by their side. Typically these are day time classes

play

## Stage 1

1

Fondly known as **Stay & Play** for babies from 6 months up to 4 years old along with their grown up. Designed to feature loads of fun activities, fantastic equipment, songs, bubbles, parachute play and much more all under the supervision of their grown up along with supervising staff typically run during the daytime.

## Stage 3

3

Fully structured and supervised classes for children aged 4 year of age and upwards designed for those begin their journey in the sport. Classes are 1 hour in length where they are thought the foundation skills needed to pass **Award Level 1, 2 and 3.**

enjoyment

## Stage 4

4

Having mastered the fundamental skills these classes will begin to challenge members and allow them to explore their capabilities. Classes are 1 hour in length and are designed to teach skills needed to pass **Award Level 4, 5 and 6.**

foundation

## Stage 6

6

These development classes push members further and is where competitive skills are nurtured. Classes are 1.5 hours in length and are designed to teach skills needed to pass **Award Level Bronze, Silver and Gold.**

friendships

## Stage 5

5

Building on the intermediate skills, members will stretch themselves on more complex and demanding skills. Classes are 1 hour in length and are designed to teach skills needed to pass **Award Level 7, 8 and Bronze.**

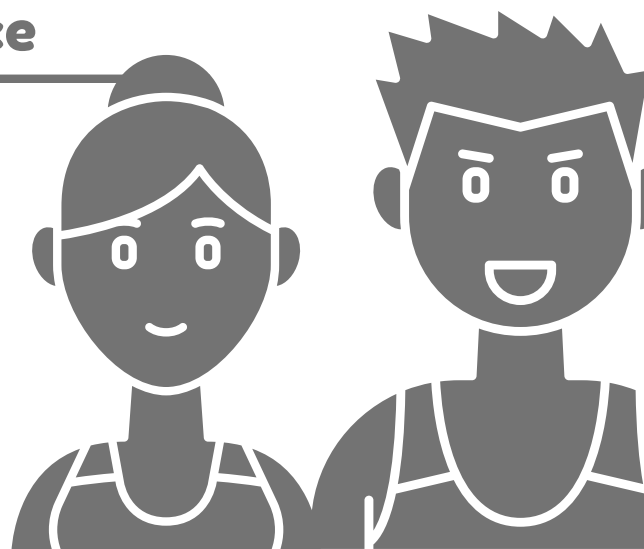
dedicated

## Stage 7

7

Stage 7 is for children who have completed all the Award Levels and are invited in to a competitive club class with a focus on taking part in events both regionally, nationally and internationally. These classes are managed by our partner clubs and are invitation only via one of the FMA coaching team.

Confidence



Success