

ANTI BULLYING POLICY

This Policy is based on the "KIDSCAPE" Anti-bullying Policy for Schools

Fundamental Movement Academy is committed to creating an environment where members feel they can work without threat, anxiety and fear. Bullying of any kind is NOT acceptable and should be shared with others. All members must understand that any incidents will be dealt with promptly and effectively.

Welfare Officer: Vikki Chinnock Date: 17-06-2020

Chairperson: Mary Neeld Date: 17-06-2020

What Is Bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- ❖ **Emotional** - being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures.)
- ❖ **Physical** - pushing, kicking, hitting, punching or any use of violence.
- ❖ **Racist** - racial taunts, graffiti, gestures.
- ❖ **Sexual** - unwanted physical contact or sexually abusive comments or focusing on the issue of sexuality.
- ❖ **Verbal** - name-calling, sarcasm, spreading rumors or teasing.

Why is it Important to respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect.

Members who are bullying need to learn different ways of behaving.

Fundamental Movement Academy has a responsibility to respond promptly and effectively to issues of bullying.

Any issues of bullying should be shared and reported to the Welfare Officer.

Signs and Symptoms

Somebody may indicate by signs or behaviour that they are being bullied. We should be aware of these possible signs and should take the appropriate action to report an incident to the Welfare Officer if someone:

- Doesn't want to come to the Academy.
- There are changes to their usual routine.
- They become withdrawn, anxious, or lacking in confidence.
- They start stammering.
- They feel ill before coming to the gym.
- They go home with clothes torn or property damaged
- Their possessions go "missing"
- Parents report that they ask for money or start stealing money to take to the Academy.
- They have unexplained cuts or bruises
- They become aggressive, disruptive or unreasonable
- They are bullying other children or siblings
- They stop eating
- They are frightened to say what's wrong
- They give improbable excuses for any of the above

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

APPROVED JUNE 2020